

BORDER CITY WHEELERS CYCLING CLUB



Sunday 7th July 2019 at 09.00 hrs

25 mile time trial on course L2511 Keswick circuit

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

EVENT SECRETARY

Bryan Pool
13 The Square
Dalston
Carlisle
CA5 7PH Phone 01228 711823 & 07974 153561 (on the day)

TIMEKEEPERS

Richard Abram
Keith Bickley

Course Description

START at painted mark on kerb against drain at east end of the first lay-by to the east of Simonscales Bridge over the A66. This lay-by is 0.75 miles from the roundabout junction with the A5086 Cockermouth/Egremont Road.

Proceed from the start along the A66 in an easterly direction to the A591 Keswick/Bothel roundabout junction (12.1 miles). Encircle the roundabout and retrace along the A66 to the roundabout at the Cockermouth/Egremont junction (24.8 miles) where turn left taking the A5086 Egremont road to FINISH beyond entrance to the Premier Inn at painted mark in line with large A5086 sign (25 miles).

Extra care to be taken by all riders entering the undulating carriageway section on the return leg approximately 5.5 miles from the finish due to the carriage way narrowing in places.

EVENT HEADQUARTERS: Eaglesfield Village Hall Hotchberry Brow, Cockermouth CA13 0RN

Signing on sheets and numbers available from event HQ from 8.00am. Please remember to return your number and sign off at the HQ - **failure to do this will result in your being recorded as not finishing the event.** Refreshments will be served afterwards. Event HQ is approximately 2 miles from Start Area – allow 15 minutes.

LOCAL REGULATIONS: The following local regulations have been approved by the CTT National Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

Local reg No. 5: In all events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.

Local reg No. 6: Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

Local reg No. 15: Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

IN ADDITION TO THE ABOVE

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT stand in the road at the start or finish. (This constitutes obstruction, and is a breach of regulations).

Riders must NOT ride with their heads down.

Riders must call their numbers at the finish and elsewhere on the course if requested.

Helmets: All competitors under the age of 18 and / or juniors must wear a **HELMET OF HARD / SOFT SHELL** construction that conforms to a recognised standard (see Regulation 15). Cycling Time Trials strongly recommends **ALL** competitors to wear such a helmet.

Competitors Machine – Lights: CTT recommends that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.

AWARDS (ONE RIDER ONE PRIZE)

Category	Overall	W	J	V40	V50	V60+
1 st	£20	£10	£10	£15	£15	£15
2 nd	£15			£10	£10	£10

The event also includes the Mappin & Webb handicap Trophy for BCW riders.

3	09:03	Martyn Blenkinship	Border City Whs CC	Male	Veteran	48
4	09:04	Mick Bradshaw	GS Metro	Male	Veteran	68
5	09:05	Emil Petrov	Border City Whs CC	Male	Senior	29
6	09:06	David Wright	Warrington Road Club/Horton Light Engineering/RS Cyclesport	Male	Veteran	60
7	09:07	Ian Duckworth	Pendle Forest CC	Male	Veteran	47
8	09:08	John Roberts	Kent Valley RC	Male	Veteran	43
9	09:09	Charlie Paige	Green Jersey RT	Male	Junior	18
10	09:10	Paul Braithwaite	Pendle Forest CC	Male	Veteran	43
11	09:11	Danny McCabe	Garstang CC	Male	Veteran	58
12	09:12	Stephen Turner	Border City Whs CC	Male	Veteran	55
13	09:13	David Pritchard	Kennoway Road Club	Male	Veteran	62
14	09:14	Simon Hayes	Velo Club Cumbria	Male	Veteran	48
15	09:15	Matt Stell	Springfield Financial Racing Team	Male	Veteran	41
16	09:16	Stephen Makin	Falkirk B C	Male	Veteran	44
17	09:17	Paul Hill	Lancashire RC	Male	Veteran	49
18	09:18	Stuart Garner	Dumfries CC	Male	Senior	38
19	09:19	William Armstrong	Velo Club Cumbria	Male	Veteran	65
20	09:20	John Morgan	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	Male	Veteran	43
21	09:21	Viktor Lundqvist	Barrow Central Wheelers	Male	Espoir	20
22	09:22	Lee Foster	Border City Whs CC	Male	Veteran	69
23	09:23	Sandy Waller	Edinburgh Road Club	Male	Senior	22
24	09:24	Steve Cowlbeck	VTTA (North Midlands)	Male	Veteran	49
25	09:25	Beau Smith	Ribble Cycles	Male	Senior	25
26	09:26	Kenneth Brown	Velo Club Cumbria	Male	Senior	38
27	09:27	Kenneth Brown	Velo Club Cumbria	Male	Veteran	62
28	09:28	Adam Harris	Abergavenny RC	Male	Junior	16
29	09:29	Clifford Degraff	Velo Club Cumbria	Male	Veteran	54
30	09:30	David Turner	Cleveleys Road Club	Male	Veteran	48
31	09:31	Gavin Wright	Bury Clarion CC	Male	Veteran	49
32	09:32	Julian Cook	Velo Club Cumbria	Male	Veteran	47
33	09:33	Tim Bennett	Kent Valley RC	Male	Veteran	53
34	09:34	Andy Stubbs	Barrow Central Wheelers	Male	Veteran	63
35	09:35	David Hargreaves	North Lancashire Road Club	Male	Veteran	72
36	09:36	Phil Shaw	Kent Valley RC	Male	Veteran	52
37	09:37	Stuart Timmins	North Lancashire Road Club	Male	Veteran	60
38	09:38	Alun Brown	Rapha Cycling Club	Male	Veteran	41
39	09:39	Dave Smalley	Team Swift	Male	Veteran	70
40	09:40	Paul David Fleming	Preston Whs	Male	Veteran	54
41	09:41	David Gleave	Velo Club Cumbria	Male	Senior	35
42	09:42	Peter Leonard	Southport CC	Male	Veteran	67
43	09:43	Bill Maxwell	Border City Whs CC	Male	Veteran	71
44	09:44	Andrew Sawyer	Barrow Central Wheelers	Male	Veteran	60
45	09:45	Paul Blackburn	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	Male	Senior	39
46	09:46	Neil Withington	Beacon Wheelers	Male	Veteran	40
47	09:47	Mike Westmorland	Border City Whs CC	Male	Veteran	74
48	09:48	Daniel Kirk	Edinburgh Road Club	Male	Senior	27
49	09:49	Carol Westmorland	Border City Whs CC	Female	Veteran	50
50	09:50	Richard Bickley	Border City Whs CC	Male	Senior	36
51	09:51	Kieran Lacey	Barrow Central Wheelers	Male	Veteran	40
52	09:52	James Atkinson	Pendle Forest CC	Male	Senior	32
53	09:53	Allistair Moffat	Velo Club Cumbria	Male	Senior	36

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54	09:54	Richard Tyson	Rock to Roll CC	Male	Veteran	51
55	09:55	Chris Jones	Bynea Cycling Club	Male	Veteran	45
56	09:56	Charlotte Boothman	ABC Centreville	Female	Senior	36
57	09:57	David Hill	Velo Club Cumbria	Male	Espoir	21
58	09:58	Joy Payne	Amersham Road Cycling Club	Female	Veteran	62
59	09:59	Richard Belk	Kent Valley RC	Male	Veteran	68
60	10:00	Philip Jones	Transition Race Team	Male	Senior	28
61	10:01	Paul Russell	Springfield Financial Racing Team	Male	Veteran	52
62	10:02	Stephen Wilkinson	Nelson Whs CC	Male	Veteran	56
63	10:03	Sue Cheetham	North Lancashire Road Club	Female	Veteran	56
64	10:04	Craig Wilson	Nelson Whs CC	Male	Veteran	52
65	10:05	Richard Bideau	Pendle Forest CC	Male	Veteran	48